

ISO 45001:2018 Occupational Health & Safety Management System Training

Create a Safer, Healthier, and Compliant Workplace

Our **ISO 45001:2018 Training Program** provides comprehensive knowledge and practical skills to help organizations **implement, manage, and continually improve** their Occupational Health and Safety Management System (OHSMS).

This training equips professionals with the tools to **identify risks, prevent workplace incidents, and ensure compliance** with international occupational health and safety standards.

Protect your employees. Reduce risks. Build a strong safety culture.

Why ISO 45001:2018?

ISO 45001:2018 is the **first globally recognized standard** for occupational health and safety management. It helps organizations:

- Reduce workplace **accidents, injuries, and illnesses**
 - Ensure compliance with **legal and regulatory requirements**
 - Promote a **culture of safety and accountability**
 - Reduce insurance premiums and operational downtime
 - Enhance corporate reputation and stakeholder confidence
 - Integrate OHS with **ISO 9001 (Quality)** and **ISO 14001 (Environment)** for a unified management approach
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Training Objectives

By the end of this course, participants will be able to:

1. Understand the **structure and requirements** of ISO 45001:2018.
2. Identify workplace **hazards and risks** using systematic approaches.
3. Implement effective **risk control measures** to minimize incidents.
4. Develop policies and procedures to **foster a proactive safety culture**.
5. Prepare for **internal audits** and external certification audits.
6. Drive **continuous improvement** in occupational health and safety performance.

Who Should Attend

This training is ideal for:

- Occupational Health and Safety (OHS) Managers and Specialists
- HR and Compliance Officers
- Quality, Safety, and Environmental (QHSE) Professionals
- Internal Auditors and Implementation Teams
- Business Owners and Top Management
- Anyone involved in **workplace safety and compliance initiatives**

Training Modules

Module	Key Topics Covered
1. Introduction to ISO 45001:2018	Evolution from OHSAS 18001, benefits of implementation
2. OHS Fundamentals	Health and safety concepts, legal frameworks, and compliance
3. Structure of the Standard	Understanding Clauses 4 to 10 in detail
4. Leadership & Worker Participation	Roles of top management, employee engagement, and safety culture
5. Planning & Risk Assessment	Hazard identification, risk & opportunity management
6. Operational Control	Emergency preparedness, contractor management, control of work
7. Performance Evaluation	Monitoring, measurement, reporting, and internal audits
8. Incident Investigation & Corrective Action	Root cause analysis and corrective action strategies
9. Continual Improvement & Certification	Best practices for long-term OHS performance
10. Internal Audit Workshop <i>(Optional)</i>	Practical audit exercises, reporting, and follow-up

Training Methodology

Our training blends **theory with practical application** to ensure maximum impact:

-  **Expert-led interactive sessions** by certified ISO auditors
 -  **Real-world case studies and group exercises**
 -  **Virtual and face-to-face delivery** for flexible learning
 -  **Sample documentation and risk assessment templates** provided
 -  **Simulated internal audit exercises** for hands-on experience
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Certification

Upon successful completion, participants will receive a **Certificate of Achievement** verifying their knowledge and competence in ISO 45001:2018. This certificate demonstrates readiness to lead or support occupational health and safety initiatives.

Why Choose Us

- **Globally recognized training provider** with accredited trainers
 - Industry-leading experience in health and safety consulting and auditing
 - Access to **exclusive OHS templates, risk registers, and checklists**
 - Customized corporate training tailored to your organization's needs
 - Post-training **mentorship and implementation support**
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Training Format Options

We offer flexible delivery modes to suit your organization's needs:

- **Online Live Training** – Learn from anywhere with real-time interaction
- **Self-Paced E-Learning** – Study at your convenience with interactive modules
- **On-Site Corporate Training** – Tailored training at your facility
- **Public Classroom Training** – Network with other safety professionals